



GGCC
MILLPORT
11th AUG.
2013
2nd ANNIVERSARY

2nd birthday!

In 2012, the club held its first year anniversary on the isle of Arran. We had 37 cyclists on the day as well amazing from support from Nic, Rae and John Brown. Feedback from the day was that everyone had a great day out and it should be an annual occurrence

Glasgow Green Cycle Club and its valued members will be celebrating its 2nd birthday on Sunday 11th August so please get the date into your diary as its going to be an absolute belter of a day. We would like to invite each and every member and their families to join us in Millport.

We have chosen Millport for this years' trip, keeping with the island theme for our anniversary rides. Millport is a special destination for the team at Dales and it was an obvious choice as we wanted to set off from Glasgow Green as usual. The added bonus with heading to Millport on the 11th August will be watching the annual Sail and Oar festival. Dales are entering a team into the annual raft race and we would like to wish them every success.

With our club having over 130 members, it would be great to have the biggest turnout so far. We attract more than 50 riders on a Sunday club run so lets try and smash this by having as many GGCC members turn up on the 11th.



The itinerary

8:15 Meet as normal at the arch on Glasgow Green on the Sunday morning at 8.30

8:30 Ride to Largs (approx 35 miles). Group leaders are to take each group to the Ferry Terminal in Largs. Each leader will need to familiarize themselves with the route to Largs as well as the route home (38 miles)

11:00 Ferry to Millport on The Isle of Cumbrae (family, friends and kids all welcome to join us on the island but must make their own way there)

Cost of Ferry is as follows. The Group Rate fare per adult is £4.05 and £2.05 per child. When you buy your ticket use the reference Glasgow Green Cycle Club to receive the reduced rate.

11:30 – 12:00 Arrive on Cumbrae and ride the short distance to the Newton Bar which is located on the seafront in Millport. For those of you who will be travelling by car to the island, contact details for the Newton Bar; Glasgow St, Millport, Isle Of Cumbrae KA28 0DJ.
Tel No. 01475 530920

12:00 – 1:00 Buffet Lunch at The Newton Bar for members friends, kids and family. The cost per person is £8.

1:30 The famous *GGCC YEARLY OSCARS & AWARDS CEREMONY*. Prepare your speeches in advance and as you would expect there will be a few funny awards thrown in for good measure.

2:30 The Sail and Oar festival Raft Race. We will be watching and supporting The Dales Cycles Raft Race team

3:00 Ferry to mainland

3:30 Ride back to Glasgow Green (38 miles)

5:30 – 6:30 Arrive back at Glasgow Green



A YEAR IN SUMMARY



sponsor launch in January

100 paid members by March 2013 (Jo McDade)


Largest Club run in March 2013 with 52 


First  Place for a **GGCC** rider in a BC race, April 2013

Coffee & Cake runs have been a huge success 

 **GGCC** were one of the most successful clubs in the first National Track League

More than 12 businesses secured as **GGCC** partners

 **OGLE** successes for a large number of **GGCC** members

More than  10,000 raised for charities since the club was founded





There will be a cost for the ferry and also the buffet. We have tried to keep outlay and costs to a minimum for everyone. If family, friends and kids want to join the event on the island then the above discounts will be made available to them.

Ferry only

£4.05 per adult / £2.05 per child (bikes free)

Buffet Lunch (excluding drinks)

£8 per member

(GGCC have secured a discount from the Newton Bar from to the cost of the original price of £12.50)

Support vehicles ferry ticket & diesel

£60

(GGCC will cover this cost)

Family and friends of GGCC members are more than welcome to join the event on the 11th August.

Ferrys are every 15 minutes from Largs to Cumbrae. The details of the ferry terminal are;

The Ferry Terminal

Largs

KA30 8BG

01475 674134

The venue details are;

Newton Bar

Glasgow Road

Isle of Cumbrae

KA28 0DJ

01475 530920

RSVP

We have had a fantastic response to this event already and we are now finalising the details.

If you are interested in attending please email

info@glasgowgreencycleclub.co.uk



PREPARATION

FOR THE DAY

The event is only for members and supporters of the club as this will ensure that the riders at our event are familiar with the way GGCC rides in a group. If you haven't already, I would suggest you take the time to look at this excellent video put together by Jim Murray.

<http://www.youtube.com/watch?v=lqCIEv86bXQ>

We will ride at a pace which will make sure everyone stays together.

Should any member have a mechanical, we can call on the support vehicle which can help out and make sure no one gets stranded. The van will have additional tools including a track pump.

We would advise that you bring along enough energy drinks/gels to sustain your ride on the bike which could be up to 5 hours.

You can leave additional items in the support vehicle to reduce the weight you carry on the day.

Please be patient on the day and enjoy the ride as a celebration of our clubs success.

In order that we reduce any unnecessary delays on the day of the event, we would ask that everyone takes the time to check over their bike.

The following points are only a guide and not an exhaustive list of checks you can make.

Having a clean bike helps reduce the chance of components failing.

Check tyres for the correct pressure and that they have no tears or imperfections on the surface of the tyre.

Oil the moving parts of your bike taking care not to get any oil on the braking surface of your wheels or brakes.

Carry a maintenance pack containing pump, spare inner tube, tyre levers, multitool etc.

Avoid using new equipment for the first time on this event as this could lead to issues that could have been resolved on a practice run.

2013



Dales
CYCLES
EST. 1972

